

#6

CPR & LEVEL 1 FIRST AID

This certified training is a one-off, 5-hour session.

Whilst a minimum legal requirement in the workplace, it's also valuable for your childcare staff at home. Knowing that your staff can effectively administer CPR and first aid in case of an accident provides reassurance.

This involves teaching them how to assess an emergency, promptly contact emergency services, and perform basic lifesaving skills like CPR and first aid while awaiting professional assistance.

We send a trainer directly to your office for on-site training. The training is hands-on, and each trainee is assessed to ensure they are fully capable of performing first aid and CPR as needed.

This training is tailored to suit the specific environment of the trainees. For example, if we are training a nanny, we will focus more on child-based injuries and child CPR, whereas if we are training an office worker, we will focus more on office-based accidents and adult CPR.

“ Nikki and her team turned our house into a hotel. They provided CPR and water safety training, as well as cooking, cleaning, and organizing skills. Now, our nanny can manage our entire household effortlessly. ”

Lavanie, Google review

BASIC COURSE STRUCTURE

- Understanding the laws of first aid, and the principles of emergency care
- Demonstrate an understanding of emergency scene management
- Treating wounds and controlling bleeding effectively
- Discerning appropriate first aid measures for various types of injuries
- Usage of the correct equipment and safety precautions when administering first aid
- Recognising potential hazards in workplace or home environments
- Mastering the skill of cardio-pulmonary resuscitation (CPR)

**ACE OF MAIDS IS A B-BBEE LEVEL 4
CONTRIBUTOR – CLAIMABLE UNDER
B-BBEE SKILLS DEVELOPMENT.**

R2390
1X 5-HOUR CLASS

R3940 (2 people / **R1970 pp**)
R5280 (3 people / **R1760 pp**)
R6280 (4 people / **R1570 pp**)
R7350 (5 people / **R1470 pp**)

Travel fees may apply for outlying areas.

PACKAGE INCLUDES

- One on one training in your home or office by a licensed professional instructor
- A government certified certificate of competence for each trainee, emailed through to you approximately 2 weeks later

Ask us about our additional classes.

Training offered in English only.