

Water safety awareness and CPR for Nannies

We all entrust our children into the care of other adults. In South Africa, we often employ staff for these jobs, such as Nannies, we and generally just let them get on with things.

If you take a step back and assess your chosen Nanny, are they equipped with all the necessary skills to make the right decisions and to have the right reaction in an emergency situation?

Our water safety and CPR package is a great solution to this.

Water safety is crucial! We all have heard stories of someone who lost a child to a water accident. With our water safety and awareness training, the facilitator, Shelly (an SSA qualified swimming instructor) would come to your home and evaluate your individual pool set up to ensure the Nanny knows all the dangers involved in having a pool with little ones around. The importance of keeping children away from pool pump areas, the importance of ensuring pool gates are properly closed, how to save a toddler and a bigger child should they fall into the pool accidentally.

The Nanny will also be given the opportunity to get into the water with the facilitator to feel the water and re-enact a rescue. Attendees do not need to know how to swim to do this course as it is specifically designed for people that cannot swim.

Then of course, **CPR**, which is vital if needed for any Nanny who ends up in a situation where they have to deal with any potential incidents where CPR would save a life. They would gain lifesaving skills that can help them respond to breathing and cardiac emergencies with confidence.

This training is a **7-hour class**, which includes a lunch break of 30 minutes.

These classes are only available on a Friday, in Johannesburg and surrounds.

The cost per seven-hour class is:

Johannesburg: R 2,190.00

– Extra Students charged at R 1,050.00 per class (Max of 4 students)

This includes:

- One on one training in your pool area
- An attendance certificate for water safety awareness
- A validated CPR Certificate

This class is available only in English